



Class Schedule 2019-20

Fall Session : 4S Dance Academy

| MONDAY | | | | |
|--------------------------------------|--|--------------------------------------|------------------------------------|----------------------|
| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 | |
| | | | | |
| DIV 2 | DIV 3 | DIV 4 | DIV 5 | DIV 1 |
| Lyrical 4:00 - 5:00 PM | Stretch & Strengthen 4:15 - 5:00 PM | Ballet Technique 3:45 - 5:00 PM | Ballet/Tap Combo 3:45 - 4:45 PM | |
| DIV 4 | DIV 2 | DIV 3 | DIV 5 | ELEMENTARY |
| Ballet Technique * 5:00 - 6:30 PM | Stretch & Strengthen 5:00 - 5:45 PM | Ballet Technique * 5:00 - 6:30 PM | Ballet Technique 4:45 - 5:45 PM | |
| TEEN: Ballet | TEEN: Stretch & Strength | DIV 5 | PRI | ELE |
| Ages 13+ 6:30 - 7:30 PM | Ages 13+ 5:45 - 6:30 PM | Pointe * 6:30 - 7:30 PM | Jazz 5:45 - 6:30 PM | |
| ADULT | DIV 4 | DIV 4 | DIV 5 | YOUTH: Ballet |
| Ballet 7:30 - 8:30 PM | (Pre) Pointe * 6:30 - 7:00 PM | Jazz 7:30 - 8:30 PM | Ages 8-12 6:30 - 7:30 PM | |

| TUESDAY | | | |
|--------------------------------------|--------------------------------|--------------------------------------|---|
| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 |
| | | | LILACS Ballet/Tap 3:30 - 4:30 PM |
| DIV 2 | DIV 3 | DIV 3 | TEEN: Tap |
| Ballet Technique * 3:45 - 5:00 PM | Pre-Pointe * 4:30 - 5:00 PM | Ballet Technique * 3:45 - 5:00 PM | Ages 11+ (Int / Adv) 4:30 - 5:30 PM |
| DIV 2 | DIV 3 | DIV 3 | YOUTH: Tap |
| Ballet Technique * 5:00 - 6:15 PM | Pre-pointe * 5:00 - 5:30 PM | Ballet Technique * 5:00 - 6:15 PM | Ages 6-10 (Intro) 5:30 - 6:15 PM |
| TEEN: Jazz | ÉLEVÉ | ÉLEVÉ | YOUTH: Musical Theatre |
| Ages 13+ 6:30 - 7:30 PM | *** 5:30 - 6:15 PM | *** 6:15 - 7:30 PM | Ages 8-12 6:15 - 7:15 PM |
| TEEN: Hip-Hop | | | ADULT |
| Ages 13+ 7:30 - 8:30 PM | | | Tap 7:15 - 8:15 PM |

| WEDNESDAY | | | |
|---|----------------------|--|--|
| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 |
| ADULT Ballet 9:30 - 10:30 AM | | | |
| ROSEBUDS Ballet/Tap Combo 10:30 - 11:15 AM | | | |
| BLUEBELLS Ballet/Tap Combo 11:15 - Noon | | | |
| LILACS Ballet/Tap Combo Noon - 1:00 PM | | | |
| MINI: Hip-Hop Ages 5-7 3:30pm - 4pm | | | BLUEBELLS Ballet/Tap 3:30 - 4:15 PM |
| ELEMENTARY | PENDING CLASS | DIV 1 | PRIMARY |
| Ballet Technique 4:00 - 5:00 PM | | Ballet Technique 3:45 - 5:00 PM | Ballet/Tap 4:15 - 5:15 PM |
| DIV 4 | PENDING CLASS | DIV 5 | YOUTH: Tap |
| Ballet Technique * 5:00 - 6:30 PM | | Ballet Technique * 5:00 - 6:30 PM | Ages 7-10 (Beg / Int) 5:15 - 6:00 PM |
| DIV 4 | PENDING CLASS | DIV 5 | YOUTH: Jazz |
| (Pre) Pointe * 6:30 - 7:00 PM | | Pointe * 6:30 - 7:00 PM | Ages 8-12 6:00 - 6:45 |
| TEEN: Turns & Leaps | PENDING CLASS | TEEN: Musical Theatre | |
| Ages 13+ 7:00 - 8:00 PM | | Ages 11+ 7:00 - 8:00 PM | |
| | | ADULT Sassy Jazz 8:00 - 9:00 PM | |

| THURSDAY | | | |
|---|----------------------------|--------------------------------------|------------------------------|
| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 |
| ADULT Ballet 9:30 - 10:30 AM | | | |
| ROSEBUDS Ballet/Tap Combo 10:30 - 11:15 AM | | | |
| BLUEBELLS Ballet/Tap Combo 11:15 - Noon | | | |
| LILACS Ballet/Tap Combo Noon - 1:00 PM | | | |
| | | | |
| DIV 2 | BLUEBELLS | YOUTH: DIV 3 | ELE |
| Ballet Technique * 3:45 - 5:00 PM | Ballet/Tap 4:15pm - 5pm | Ballet Technique * 3:45 - 5:00 PM | Lyrical 3:45 - 4:30 PM |
| DIV 2 | DIV 3 | DIV 3 | LILACS |
| Ballet Technique * 5:00 - 6:15 PM | PBT 5:00 - 5:30 PM | Ballet Technique * 5:00 - 6:15 PM | Ballet/Tap 4:30 - 5:30 PM |
| TEEN: Lyrical | ÉLEVÉ | ÉLEVÉ | YOUTH: Lyrical |
| Ages 13+ 6:30 - 7:30 PM | *** 5:30 - 6:15 PM | *** 6:15 - 7:30 PM | Ages 8-12 5:45 - 6:30 PM |
| | | DIV 4 | DIV 5 |
| | | Lyrical 7:30 - 8:30 PM | PBT 6:30 - 7:30 PM |

| FRIDAY | | | |
|--------------------------------------|-------------------------------|--------------------------------------|--|
| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 |
| | | | |
| | | | ROSEBUDS BLUEBELLS Ballet / Tap Combo 3:15 - 4:00 PM |
| DIV 2 | DIV 3 | YOUNG YOGIS | DIV 1 |
| Jazz 4:00 - 5:00 PM | Ages 3 - 6 4:14 - 5:00 PM | Ballet Technique 3:45 - 5:00 PM | Ballet Technique 4:00 - 5:00 PM |
| DIV 5 | TWEEN YOGA | DIV 4 | PRIMARY |
| Ballet Technique * 5:00 - 6:30 PM | Ages 7 - 11 5:00 - 6:00 PM | Ballet Technique * 5:00 - 6:30 PM | Ballet/Tap Combo 5:00 - 6:00 PM |
| | PENDING CLASS | DIV 5 | YOUTH: Hip-Hop |
| | | Pointe 6:30 - 7:00 PM | Ages 8-12 6:00 - 7:00 PM |

| SATURDAY | | | |
|--|----------------------|-------------------------------------|--|
| STUDIO 1 | STUDIO 2 | STUDIO 3 | STUDIO 4 |
| ADULT Cardio Hip-Hop 8:30 - 9:15 AM | | | |
| ELEMENTARY | PENDING CLASS | DIV 1 | ROSEBUDS |
| Ballet Technique 9:15 - 10:15 AM | | Ballet Technique 9:00 - 10:15 AM | Ballet / Tap Combo 9:00 - 9:45 AM |
| DIV 5 | PENDING CLASS | DIV 4 | BLUEBELLS |
| Contemporary 10:15 - 11:30 AM | | Élevé Prep * 10:15 - 11:30 AM | Ballet / Tap Combo 9:45 - 10:30 AM |
| DIV 3 | DIV 4 | PENDING CLASS | DIV 5 |
| Contemporary 11:30 AM - 12:30 PM | | | Ballet Technique * 11:30 AM - 1:00 PM |
| DIV 2 | DIV 3 | PENDING CLASS | DIV 5 |
| Ballet Technique* 12:30 - 1:45 PM | | | Pointe* 1:00 - 1:30 PM |
| | | | ADULT Pilates Mat 12:30 - 1:30 PM |

* Prerequisites and/or requirements to take class.
* Please see Class Description page or contact studio for more information.