



Class Schedule

Summer Session 2019

MONDAY		
STUDIO 1	STUDIO 2	STUDIO 3
	L2: BALLET	CM: BALLET & TUMBLING
	3:45p - 5:00p (Ages 8 - 11)	4:15p - 5:00p (Ages 3 - 5)
	L3: BALLET	L2: JAZZ / ACRO
	5:00p - 6:30p (Ages 10+)	5:00p - 6:00p (Ages 8 - 11)
	L3: PRE / POINTE	TEEN-ADULT: BALLET
	6:30p - 7:00p (Ages 10+)	6:00p - 7:00p

TUESDAY		
STUDIO 1	STUDIO 2	STUDIO 3
		TEEN-ADULT: CARDIO HH
		9:15a - 10:00a (Ages 13+)
		TOTS: MOMMY & ME
		10:00a - 10:45a (Ages 1.5 - 3)
		CM: BALLET & TUMBLING
		10:45a - 11:30a (Ages 3 - 5)
	BOYS DANCE FUND.	L3: PBT
	4:00p - 5:00p (Ages 6 - 10)	4:00p - 5:00p (Ages 10+)
YOUNG YOGIS	L3: BALLET	L1: BALLET & PBT
4:15p - 5:00p (Ages 3-6)	5:00p - 6:30p (Ages 10+)	5:00p - 6:00p (Ages 6 - 9)
TEEN-ADULT: YOGA FLOW	L3: VARIATIONS	L2: PBT
5:00p - 6:00p (Ages 12+)	6:30p - 7:00p (Ages 10+)	6:00p - 7:00p (Ages 8 - 11)

WEDNESDAY		
STUDIO 1	STUDIO 2	STUDIO 3
		TEEN-ADULT: BALLET
		9:15a - 10:15a (Ages 13+)
		CM: BALLET & JAZZ
		10:15a - 11:00a
		L1: BALLET & JAZZ
		11:00a - 12:00p (Ages 6 - 9)
	L1: BALLET & TUMBLING	L3: BALLET
	4:00p - 5:00p (Ages 6 - 9)	12:00p - 1:15p (Ages 10+)
	L2: BALLET	TWEEN YOGA
	5:00p - 6:15p (Ages 8 - 11)	4:00p - 5:00p (Ages 7 - 11)
	L3: CONTEMPORARY	TEEN-ADULT: YOGA FLOW
	6:15p - 7:15p (Ages 10+)	5:00p - 6:00p (Ages 12+)

THURSDAY		
STUDIO 1	STUDIO 2	STUDIO 3
	L2: BALLET	L1: BALLET & LYRICAL
	3:45p - 5:00p (Ages 8 - 11)	4:00p - 5:00p (Ages 6 - 9)
	L3: BALLET	L2: LYRICAL
	5:00p - 6:30p (Ages 10+)	5:00p - 6:00p (Ages 8 - 11)
	L3: PRE / POINTE	TEEN-ADULT: LYRICAL
	6:30p - 7:00p (Ages 10+)	6:00p - 7:00p (Ages 13+)

FRIDAY		
STUDIO 1	STUDIO 2	STUDIO 3

SATURDAY		
STUDIO 1	STUDIO 2	STUDIO 3
	CM: BALLET & JAZZ	
	9:00a - 9:45a (Ages 3 - 5)	
	L1 & L2: BALLET	
	9:45a - 11:00a (Ages 6 - 11)	
	L3: BALLET	
	11:00a - 12:30p (Ages 10+)	
	L3: PRE / POINTE	
	12:30p - 1:00p (Ages 10+)	

- CM** = Creative Movement, Students 3-5; Current Rosebud/Bluebells/Lilacs
- L1** = Level 1, Students 6-10; Current Primary/Elementary OR Beginner students 10 and under.
- L2** = Level 2, Students 8-12; Current Division 1-2 students, New students who have 1-2 years experience, OR Beginner students ages 11-12.
- L3** = Level 3, Students 10+ Current Division 3/4/5; New students should have a minimum of 2-3 years of recent ballet/dance training.
- TEEN-ADULT** = 13+ Older students with limited dance experience
- BOYS DF** = Boys Dance Fundamentals, Ages 6-10
- ACRO** = Acrobatics
- CARDIO HH** = Cardio Hip-Hop
- PBT** = Progressive Ballet Technique